



K.R. MANGALAM UNIVERSITY

THE COMPLETE WORLD OF EDUCATION

REPORT ON THE VISIT TO OLD AGE HOME (SHRAMDAAN) in Collaboration with NSS

Nature of Event: Departmental Event (School of Education)

Target Group: Students at School of Education.

Faculty Coordinator: Ms. Manju Kundu, Assistant Professor, K.R. Mangalam University, Gurugram, Haryana.

Student Coordinator: Ms. Muskan, Student-Teacher, B.Ed. K.R. Mangalam University, Gurugram, Haryana.

Venue- Tau Devilal Old Age Home, Gurugram, Haryana

Date and Time: 25th of March 2022 from 11:00 a.m. to 1:00 p.m.

Introduction

Today, we tend to largely ignore a big part of the population - the senior citizens. This is a shame as they are a treasure trove of useful information and advice. Nowadays, the alarming increase in the number of old-age homes is a matter of serious concern. People moved from a large extended family system to a nuclear family for their selfish ends. They don't have enough time to take care of their parents and gradually parents become a burden for them. And for the elderly, a roof over their heads is a critical need. So, this is where the need for old age homes lies.

Objectives

The objective of this visit was to sensitize the students about the problems faced by the elderly, learn how to respect them, care for them and listen to their experiences and their advice.

Content


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Content

Students and teachers of School of Education, K.R. Mangalam University, Gurugram went for a visit to Tau Devi Lal Old Age Home located in Sector-4, Gurugram on Friday. Tau Devi Lal Old Age Home accommodates nearly twenty-three people, generally aged between fifty to ninety years. People over there would be experiencing a hard life. But the environment was a bit different than expected. When the students and teachers reached there, they elderly were overwhelmed and happy to receive them and thanked School of Education for the visit. The aged looked happy, but expressed their emotions and pain of not being able to live with their dear ones. Students cleaned their rooms, distributed food kits, and organized recreational activities for the elderly such as singing, narrating stories from real life.

Attendees

42 students from the School of Education took part in this voluntary service under the guidance of their teachers.

Activity Outcome

The students shared their reminiscences of the interaction and visit at the old age home. They felt elated to be with the elderly and expressed it to be a day well spent. Some of the students expressed inner joy of serving the aged. They opined that love is beyond verbal barriers. The love and gratitude could be seen in the eyes of every senior citizen in the old age home as they kept blessing Students and teachers of School of Education, K.R. Mangalam University

Conclusion

Students expressed joy and shared that they realized the importance of effortless love. When we can channelize our love by expressing our feelings in an open manner, words lose their significance. Such was an overwhelming feeling at the Old Age Home. The visit left a deep impact. A deep impact on the students conscious. They became more sensitive than what they were when they arrived; sensitive towards the elderly. The visit was an epiphany. Students became determined to stand by their parents and elders, through thick and thin. The visit also helped in nurturing inter-generational bonding.



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Further Scope

Life is a complete cycle. Nowadays, the alarming increase of old-age homes is a matter of serious concern. Children don't have enough time to take care of their parents and gradually parents become a burden for them. And for the elderly, a roof over their heads is a critical need. So, this is where the need for old age homes lies. School of Education plans to extend the warmth of love and time to the aged in the old age homes as a community outreach programme even in the future.

GLIMPSES OF THE VISIT

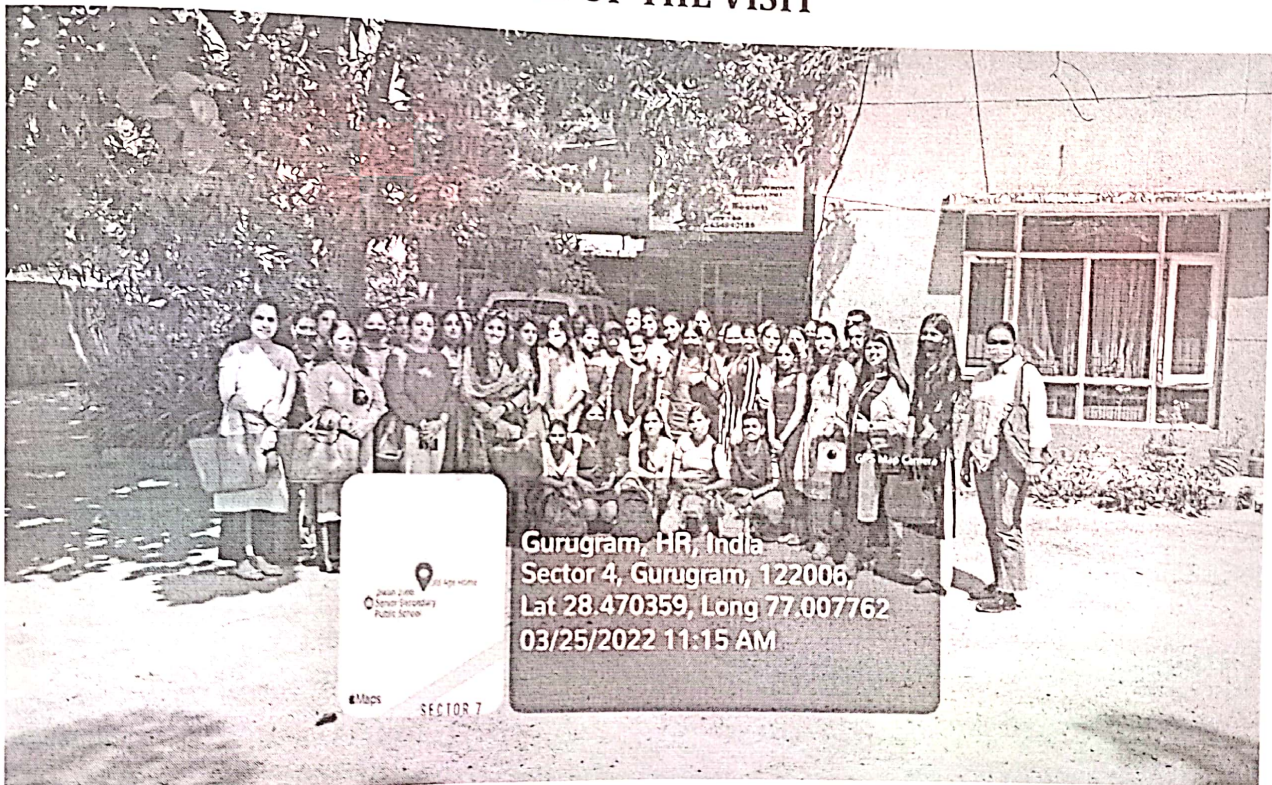


Photo 1: School of Education students visited Tau Devi Lal Old Age Home for Shramdaan.


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Photo 2: The elderly at Tau Devi Lal Old Age Home with whom School of Education students interacted.

Manju Kundu

Ms. Manju Kundu
Visit In-charge

Tania Gupta

Prof. (Dr.) Tania Gupta
Dean, School of Education

25/03/22

[Signature]

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Shramdaan - Old Age Home
Attendance list - SOED

S.No.	Name of Student	Programme	Semester	25-03-2022
1	VRIDHI SHARMA	B.El.Ed.	II	—
2	DEEPSHIKHA	B.El.Ed.	II	—
3	AKANSHA DAHIYA	B.El.Ed.	II	—
4	MUSKAN SHARMA	B.El.Ed.	II	—
5	VAISHALI SHARMA	B.El.Ed.	II	—
6	AYUSHI SONI	B.El.Ed.	II	—
7	SARITA	B.El.Ed.	II	—
8	ISHIKA CHANDOLA	B.El.Ed.	II	—
9	ANNU SEHRAWAT	B.El.Ed.	II	—
10	KHUSHI KAPOOR	B.El.Ed.	II	—
11	BUSHRA MASOOD	B.El.Ed.	II	—
12	SIMRAN KUMARI	B.El.Ed.	II	—
13	VANI MEHRA	B.El.Ed.	II	—
14	ASHI	B.El.Ed.	II	—
15	KASHISH SHARMA	B.El.Ed.	II	—
16	KASHISH	B.El.Ed.	II	—
17	MEGHA	B.El.Ed.	IV	Megha
18	ADITI	B.El.Ed.	IV	Aditi
19	VEDANT	B.El.Ed.	IV	Vedant
20	BHUMIKA	B.El.Ed.	IV	Bhumi
21	MOKSHITA	B.El.Ed.	IV	Mokshita
22	MANSI	B.El.Ed.	IV	Mansi
23	DEVIKA	B.El.Ed.	IV	Devika
24	JEEVANSHI	B.El.Ed.	IV	Jeevanshi
25	NEERU	B.El.Ed.	IV	Neeru
26	NEHA	B.El.Ed.	IV	Neha
27	AMISHA	B.El.Ed.	IV	Amisha
28	ARISHA	B.El.Ed.	IV	—
29	AARUSHI	B.El.Ed.	IV	Aarushi
30	VARNIKA	B.El.Ed.	IV	Varnika

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Note: Only students who have signed were selected by SOED for the particular extension activity.

Tania Bopla
25/03/22
(Dean SOED)

31	ANJALI	B.El.Ed.		
32	MANVI	B.El.Ed.	IV	Anjali
33	SANYA SHARMA	B.El.Ed.	VI	-
34	KANISHKA SHARMA	B.El.Ed.	VI	bn
35	KIRTI SOLANKI	B.El.Ed.	VI	-
36	REETU	B.El.Ed.	VI	-
37	TISHA GOEL	B.El.Ed.	VI	-
38	AKSHINA	B.El.Ed.	VI	-
39	MEHAKPREET	B.El.Ed.	VI	-
40	UPASANA MAGO	B.El.Ed.	VI	Mehak
41	DEEPANSHI VASISHT	B.El.Ed.	VI	Deepanshi
42	PRABHDEEP KAUR	B.El.Ed.	VI	Prabdeep
43	MUSKAN	B.El.Ed.	VI	Muskan
44	DISHA	B.El.Ed.	VI	-
45	JAPLEEN	B.El.Ed.	VI	-
46	GURUKSHA	B.El.Ed.	VI	Guruksha
47	ANJALI SINGH	B.El.Ed.	VIII	Anjali
48	CHAHAT	B.El.Ed.	VIII	Chahat
49	DEEPANSHI ARORA	B.El.Ed.	VIII	Deepanshi Arora
50	ISHA	B.El.Ed.	VIII	Isha
51	ISHANI CHHIBBER	B.El.Ed.	VIII	-
52	KAJAL THAKRAN	B.El.Ed.	VIII	Kajal
53	KANIKA MISHRA	B.El.Ed.	VIII	-
54	KRITI	B.El.Ed.	VIII	Kriti
55	LAKSHI	B.El.Ed.	VIII	Lakshi
56	NISHA NAUTIYAL	B.El.Ed.	VIII	Nisha
57	SHRADDHA SHREE JAIN	B.El.Ed.	VIII	Shraddha
58	SIMRAN GAURI	B.El.Ed.	VIII	Simran
59	TANYA SHARMA	B.El.Ed.	VIII	Tanya
60	SHIYA YADAV	B.El.Ed.	VIII	Shiya
61	AMRITA KAUR	B.Ed.	II	Amrita
62	ISHITA BAJAJ	B.Ed.	II	-

NSS Coordinator

NSS Coordinator

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Tania Gupta
25/03/22

(Dean SED)

63	SIMRAN KAUR	B.Ed.	II	Simran
64	MEGHA KADIYAN	B.Ed.	II	—
65	NANDINI VERMA	B.Ed.	II	—
66	MUSKAAN GARG	B.Ed.	II	Nandini
67	SUCHI KUMARI	B.Ed.	II	Muskan
68	JAYA KWATRA	B.Ed.	II	—
69	SHAILZA GAUTAM	B.Ed.	II	Shweta
70	MEHAK MAAN	B.Ed.	II	—
71	KHUSHBOO KUMARI	B.Ed.	II	—
72	SAPNA BHADANA	B.Ed.	II	—
73	NICKY GULLIEN	B.Ed.	II	Nicky
74	MUSKAN DAGAR	B.Ed.	II	Muskan
75	DEZI KUMARI	B.Ed.	II	Dezi
76	PRIYA KASHYAP	B.Ed.	II	—
77	NISHITA	B.Ed.	II	Nishita
78	MADHVI JAIN	B.Ed.	IV	—
79	MD PERWEZALAM	B.Ed.	IV	—
80	HITESHI SHARMA	B.Ed.	IV	—
81	RIMA KUMARI	B.Ed.	IV	—
83	KOMAL SINGH	B.Ed.	IV	Komal
83	SHIVANI THAKRAN	B.Ed.	IV	Shivani
84	SUDHA YADAV	B.Ed.	IV	—
85	DIVJOT BARM	B.Ed.	IV	—
86	SONAM KUMARI	B.Ed.	IV	—


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Tanis Gupta
 (Dean SOED)
 25/03/22